



Newsletter 3 Tittan: April-September 2017

TITTAN PROJECT KEEPS GOING DEEPER!



European population is ageing rapidly. Median European age is already the highest in the world and number of people 65 and older is projected to triple by mid-century, moving from 14% in 2010 to 25% in 2050. Advances in science and technology contribute to prolong people lifespan, but unfortunately so far, not healthier.

Ageing combined with declining birth rates have caused many to worry about the cost and it is even worst in some EU peripheral regions, characterized by greater ageing ratios than European averages, dispersed population and more emigration of younger generations. They are spending around 40-50% of their public resources in their healthcare systems. Europe 2020 strategy for a smart, sustainable and inclusive growth emphasizes the need to promote active ageing policies. Debates on EU have confirmed

the value of Innovation to overcome this challenges ahead.

The European TITTAN Project, aims to tackle that challenge creating a network of exchange, with innovation and technology transfer for ageing, improving the quality and performance of the European regional healthcare systems. Under the coordination of ACIS, organizations from seven other European regions participate: Basque Country (Spain), Scotland (United Kingdom), Lombardy (Italy), Saxony (Germany), Lower Silesia (Poland) and Almere (Holland) interchanging good practices that can foster the design, up-taking and use of innovative technology-based products/solutions for this problem.

TITTAN consortium shares good practices to promote three different thematic areas:

1. Innovation from the companies to the health services (outside-in).
2. Transfer of technology from the health services to the patients (in-outside).
3. Active involvement of citizens in the management of ageing and health (active citizenship).

THIRD INTERREGIONAL WORKSHOP INSIDE-OUT INNOVATION

Amsterdam and Almere from 29 to 31 May

There were three intense days of work, with presentations of Good Practices from TITTAN Partners, and local stakeholders. Besides, there were *in situ* visits prepared by the host as examples of innovative initiatives in both cities Amsterdam and Almere, as well as meetings for monitoring, coordinating and planning the TITTAN project agenda next months.

Together with best practices, some stakeholders presented their projects based in cutting edge technology and knowledge. All participated in a *in situ* visit at A-Labs, Senior Life and HealthFactory. In the last day, the progress and the work of the TITTAN project was reviewed, and we planned *in situ* visits for the second thematic area during this semester and planned too the next events to be celebrated in Scotland and Saxony (referred to the third line of the project: active citizens).

After this Almere Workshop, the Action Group 2 was established (Almere and FRRB), which have started to perform the Action Group 2 Report about results of the Workshops 2 and 3, related to Thematic Area 2. Besides the Action Group 2 will be in charge of coordinating exchange of experiences and *in situ* visits.



NEXT STEPS

The Fourth Interregional Workshop, focused on the 1st part of Thematic Area 3 (ACTIVE CITIZENS), took place during the 2nd, 3rd and 4th of October 2017 in Edinburgh, Scotland.

During the fourth semester, TITTAN Team will be able to carry out one-to-one *in situ* Visits between partners, in order to gain a deeper understanding of the good practices.

Gemeente Almere



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